

|  | <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>   |
|--|---|---|---|---|---|
| <b>Hot Lunch MEAT</b><br>( V = suitable for vegetarians) | <b>CHEESE AND HAM PIZZA SERVED WITH BAKED WEDGES AND BEANS</b><br>(G, W, ML, D)   | <b>B-B-Q BEEF MEATBALLS SERVED WITH RICE AND VEGETABLES</b><br>(W, D, S, M, G)  | <b>PORK SAUSAGE SERVED WITH MASH POTATO AND BAKED BEANS</b><br>(G, W, SD, ML)   | <b>BOLAGNAISE PASTA BAKE SERVED WITH NGARLIC BREAD AND VEGETABLES</b><br>(W, D, G)  | <b>FISH FINGER AND CHIPS SERVED WITH BAKED BEANS</b><br>(F, G)  |
| <b>HOT LUNCH VEGETARIAN</b>                              | <b>QUORN SAUSAGE AND MASH SERVED WITH BAKED BEANS</b><br>(W, SD, D)   | <b>TOMATO AND BASIL PASTA SERVED WITH GARLIC BREAD AND SALAD (V)</b><br>(G, W, ML, CE, D)   | <b>CREAMY VEGETABLE AND LENTAL CURRY SERVED WITH RICE AND NAAN BREAD</b><br>(MU, CO)  | <b>CHINESE SPRING ROLL SERVED WITH NOODLE AND VEGETABLE STIR-FRY</b><br>(G, W, E, CE, S, SS)  | <b>CHEESE AND TOMATO PIZZA SERVED WITH CHIPS (V)</b><br>(G, W, ML, D)   |
| <b>Jacket Potato Bar</b><br>Served with salad            | <b>JACKET POTATO WITH GRATED CHEESE (ML)</b><br><b>TUNA MAYO (F, E, MU)</b><br><b>HAM</b>   | <b>JACKET POTATO WITH GRATED CHEESE (ML)</b><br><b>TUNA MAYO (F, E, MU)</b><br><b>HAM</b>   | <b>JACKET POTATO WITH GRATED CHEESE (ML)</b><br><b>TUNA MAYO (F, E, MU)</b><br><b>HAM</b>   | <b>JACKET POTATO WITH GRATED CHEESE (ML)</b><br><b>TUNA MAYO (F, E, MU)</b><br><b>HAM</b>   | <b>JACKET POTATO WITH GRATED CHEESE (ML)</b><br><b>TUNA MAYO (F, E, MU)</b><br><b>HAM</b>   |
| <b>Picnic Lunch</b>                                      | <b>CORBY ROLL FILLED WITH HAM (G, W, ML)</b><br><b>TUNA MAYO (G, W, F, E, MU, ML)</b><br><b>CHEESE (G, W, ML)</b><br><b>2 X HEALTHY SNACK</b> | <b>CORBY ROLL FILLED WITH HAM (G, W, ML)</b><br><b>TUNA MAYO (G, W, F, E, MU, ML)</b><br><b>CHEESE (G, W, ML)</b><br><b>2 X HEALTHY SNACK</b> | <b>CORBY ROLL FILLED WITH HAM (G, W, ML)</b><br><b>TUNA MAYO (G, W, F, E, MU, ML)</b><br><b>CHEESE (G, W, ML)</b><br><b>2 X HEALTHY SNACK</b> | <b>CORBY ROLL FILLED WITH HAM (G, W, ML)</b><br><b>TUNA MAYO (G, W, F, E, MU, ML)</b><br><b>CHEESE (G, W, ML)</b><br><b>2 X HEALTHY SNACK</b> | <b>CORBY ROLL FILLED WITH HAM (G, W, ML)</b><br><b>TUNA MAYO (G, W, F, E, MU, ML)</b><br><b>CHEESE (G, W, ML)</b><br><b>2 X HEALTHY SNACK</b> |

**Allergen Key**

G = gluten, W = wheat, E = egg,, CE= celery, F = Fish, N = nuts, S = Soya beans, ML = Milk, MU= mustard, SS = sesame seeds, SD = sulphur dioxide, L = lupin, Mo = molluscs, CR = crustaceans, CO = coconut D=DAIRY

Weeks

2 & 6

|   | <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>   |
|---|---|---|---|---|---|
| <b>Hot Lunch</b>                              | BBQ PORK MEATBALLS WITH RICE AND PEAS<br>(G, W, E, S, CE)   | GOLDEN CHICKEN NUGGETS<br>(W, G)  | SAUSAGE AND BAKED BEAN SLICE SERVED WITH MASHED POTATO AND VEGETABLES<br>(W, D)                                   | BEEF CHILLI SERVED WITH RICE AND NACHOS AND VEGETABLES<br>(B, C, G, S, W, D)                                      | FISH FINGER, CHIPS AND BEANS<br>(F, G)  |
| <b>HOT MEAL VEGETRIAN</b>                     | TEMPURA SWEET AND SOUR VEGETABLES SERVED WITH RICE<br>(G)   | VEGGIE SAUSAGE ROLL WITH BAKED WEDGES AND BAKED BEANS (V)<br>(G, W,)  | MEXICAN VEGTABLE WRAPS SERVED WITH RICE AND SALAD<br>(G, C, S, B, D)  | MACARONI CHEESE BAKE WITH GARLIC BREAD AND SALAD (V)<br>(G, W, ML, MU)  | CHEESE AND TOMATO PIZZA SERVED WITH CHIPS (V)<br>(G, W, ML, D)  |
| <b>Jacket Potato Bar</b><br>Served with salad | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  |
| <b>Picnic Lunch</b>                           | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK |

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Weeks

3 & 7

|   | <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>   |
|---|---|---|---|---|---|
| <b>Hot Lunch</b>                              | PORK SAUSAGE ROLL SERVED WITH BAKED WEDGES AND BAKED BEANS<br>(G, W, G)   | CHICKEN KORMA WITH RICE AND PEAS<br>(CO, MU)  | SCOTTISH MINCE AND TATTIES SERVED WITH GREEN BEANS<br>(G, W, SD, ML)  | GARLIC AND HERB BREADED CHICKEN FILLET SERVED WITH DICED POTATO AND SWEETCORN<br><br>(W, E, G)                    | FISH FINGER CHIPS AND BEANS<br>(F, W, G)  |
| <b>HOT LUNCH VEGETARIAN</b>                   | QUORN SHEPPARDS PIE MINCED QUORN AND VEGETABLES IN A RICH GRAVY TOPPED WITH SWEET POTATO MASH<br>(B, E, D, MU)    | TOMATO AND BASIL PASTA SERVED WITH GARLIC BREAD AND SALAD (V)<br>(G, W, S, ML, CE)                                | CHEESE OMELETTE SERVED WITH NEW POTATOS AND VEGETABLES<br>E,D,M   | SOUTHERN STYLE QUORN GOUJONS WITH DICED POTATOES AND SWEETCORN (V)<br>(G, W, E, CE, S, SS)                        | CHEESE AND TOMATO PIZZA SERVED WITH CHIPS (V)<br>(G, W, ML, D)  |
| <b>Jacket Potato Bar</b><br>Served with salad | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  |
| <b>Picnic Lunch</b>                           | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK |

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Weeks

4 & 8

|   | <b>Monday</b>   | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>   |
|---|---|---|---|---|---|
| <b>Hot Lunch</b>                              | SWEET AND SOUR CHICKEN WITH RICE AND PEAS<br>(S, MU, W)   | BEEF LASAGNE SERVED WITH GARLIC BREAD AND VEGETABLES<br>(W, D, MU, ML, G)   | CHICKEN MEATBALLS IN GRAVY WITH MASHED POTATO AND BROCCOLI<br>(ML, D)   | BEEF BURGER IN A SOFT BAP SERVED WITH BAKED WEDGES AND PEAS<br>(W, G)   | FISH FINGER SERVRD WITH CHIPS AND BEANS<br>(F, W)   |
| <b>HOT LUNCH VEGETIRIAN</b>                   | QUORN BOLAGNAISE WITH SPAGHETTI AND GARLIC BREAD SERVED WITH VEGETABLES<br>(B, E, W, MU)                          | CHEESE AND ONION PASTY WITH BAKED WEDGES AND SWEETCORN (V)<br>(G, W, ML, D)                                       | VEGGIE TOAD IN THE HOLE QUORN SAUSAGE AND YORKSHIRE PUDDING WITH CREAMY MASH AND GRAVY<br>(G, S, W, E, M, D)      | MACARONI CHEESE BAKE WITH GARLIC BREAD AND SALAD<br>(G, W, ML, S, MU)   | CHEESE AND TOMATO PIZZA SERVED WITH CHIPS (V)<br>(G, W, ML, D)  |
| <b>Jacket Potato Bar</b><br>Served with salad | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  | JACKET POTATO WITH GRATED CHEESE (ML)<br>TUNA MAYO (F, E, MU)<br>HAM  |
| <b>Picnic Lunch</b>                           | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK | CORBY ROLL FILLED WITH HAM (G, W, ML)<br>TUNA MAYO (G, W, F, E, MU, ML)<br>CHEESE (G, W, ML)<br>2 X HEALTHY SNACK |

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