



FOREST CLOTHING

- Trousers—Jeans are advised as leggings will not protect them from nettles and low branches
- School tops must be worn
- Wellies MUST be worn ALL year round
- Spare socks are often required
- Hat, gloves, scarves, sun hats and sun cream must be worn as appropriate.

We will provide
waterproofs to wear over
Jeans



WHAT SUPPORT IS PROVIDED?

Forest School sessions are led by:

- Qualified Level 3 Forest School Leaders
- Outdoor Paediatric First Aiders

Other Support:

- Risk Assessments and regular inspections of the Forest School Site
- All tools and equipment provided
- Planning with School staff and presentations for parents if required.



If you would like to
join us on one of our
Forest Sessions please
speak to one of the
Leaders or ask at the
office to arrange a
date

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🌐 <https://www.grettonprimary.org.uk/forest-school>



GRETTON PRIMARY FOREST SCHOOL

There is no such thing as
bad weather, only bad
clothing

What is Forest School?

Forest School is an inspirational concept of enabling children to learn in an outdoor setting, preferably woodland and aims to complement teaching. Through hands on learning in a natural environment, children are given the opportunity to develop self confidence and self esteem.

The learning experience is child initiated and child led, with adults playing a supporting role, assisting the children in learning at their own pace.

Forest school happens each week, throughout the year, regardless of the weather; this allows children to make a real connection with nature and its changing seasons.



Forest School will be an extremely positive experience for your child and we hope you will support your child in taking this unique and exciting opportunity

What will the children will be doing?

- Using their senses to explore and investigate the site
- Crafts using natural materials gathered from the wood
- Using tools such as potato peelers and saws to make jewellery, name tags and simple musical instruments from wood
- Exploring the natural environment
- Climbing trees and making play equipment from logs and ropes
- Learning to access and take acceptable risks in the natural environment
- Storytelling and singing
- Making natural music
- Cooking on an open fire
- Exploring muddy puddles
- Plus much more!



Promoting Social and Emotional Growth of the Children at Forest School

The benefits of Forest School are many and varied. In particular the process has been seen to:

- Improve learner's social skills
- Increase self-esteem and confidence
- Improve fine and gross motor skills
- Contribute to language and communication development
- And to increase a child's knowledge and understanding of the natural world

